

10

MORNING AFFIRMATIONS

1

I AM HEALTHY AND STRONG.

2

I SOLVE ANY CHALLENGE THAT COMES MY WAY TODAY.

3

I LOVE THE LIFE I HAVE WHILE I'M PURSUING MY DREAMS.

4

I CHOOSE PROGRESS OVER PERFECTION.

5

I AM COMMITTED TO MAKING THIS DAY A GREAT DAY.

6

I BELIEVE IN MY POTENTIAL AND NOT MY PAST EXPERIENCES.

7

I AM GRATEFUL FOR MY LIFE.

8

I AM GIVING ALL MY FEARS AND WORRIES TO GOD. I CHOOSE TO RELEASE THEM.

9

I ACCOMPLISH ANYTHING I SET MY MIND TO.

10

I LOVE STEPPING OUTSIDE OF MY COMFORT ZONE.